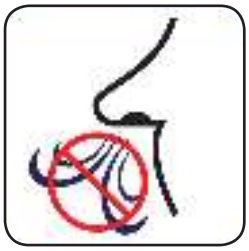

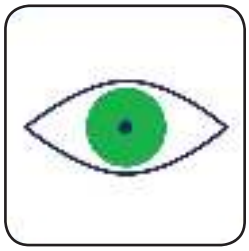

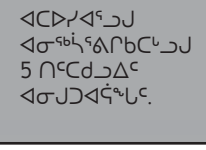

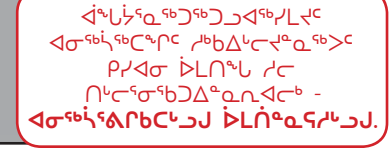

ᒪᑐᐃᕐᓗᒍ
ᖄᖓᓃᑦᑐᖅ
ᓴᖅᑭᑎᓪᓗᒍ.

ᑖᓐᓇ
ᐃᒪᓕᑯᓗᒃ
ᑯᔾᔭᖅᑎᓪᓗᒍ.
ᑲᐴᑎ ᓄᓱᒡᓗᒍ
ᐃᒻᒥᖅᑎᓪᓗᒍ.

ᓄᑭᖃᕐᓂᖓᒍᑦ ᑲᐱᓗᒍ.
ᑕᐅᓄᖓᓕᒫᖅ ᑲᐱᓗᒍ
ᐊᑦᑕᕐᓇᖅᑐᒦᑦᑐᓐᓃᖅᑎᓪᓗᒍ
(ᓄᓱᒡᓗᒍ).

loxone

How to Give Breaths

1 2

Tilt head back to
open the airway

Pinch nose. Cover
mouth with mask or
clothing

3

Give 1 breath every 5
seconds

Breathing can slow down
during an overdose but
the heart is probably still
beating - Give breaths to
keep them alive

ᐃᒪᓐᓇ ᐊᓂᖅᓵᕐᕕᒋᔭᕆᐊᓕᒃ
ᑕᐃᓐᓇ ᐃᓄᒃ
ᐃᓄᑑᔭᕆᐊᖃᖅᐸᑦ
ᖃᖓᑐᐃᓐᓇᑦᑎᐊᖅ,
ᓴᓐᓂᖅᑎᓪᓗᒍ.

ᐅᑯᐊ ᐊᑖᓃᑦᑐᑦ
ᒪᓕᒡᓗᒋᑦ
ᑲᒪᔭᕆᐊᖃᓕᕈᕕᑦ.

ᑐᐹᖅᓴᕐᓗᒍ
ᐃᑲᔪᖅᑎᒃᓴᖅᓯᐅᕐᓗᑎᑦ

ᐊᐃᑦᑕᖅᑎᓪᓗᒍ ᖃᓂᐊᒍᑦ
ᓱᐴᕐᕕᒋᓗᒍ

ᖃᐅᔨᓴᕐᓗᒍ ᖃᐅᔨᓴᕐᓗᒍ
ᑲᐱᒃᑲᓐᓂᕆᐊᖃᖅᐹ?

ᓄᑭᖓᑕ
ᐃᓗᐊᓄᑦ
ᑲᐱᓗᒍ

Department of Health

Fact Sheet
ᐃᓅᓕᓴᐅᑦ Naloxone−ᖑᓪᓗᓂ ᐊᑐᖅᑕᐅᔭᕆᐊᖃᕐᓂᖓ

ᓇᓗᓇᐃᖅᓯᔪᑦ

Naloxone ᑭᓲᕙ ᐊᒻᒪ ᖃᓄᐃᒻᒪᑦ ᐊᑐᕆᐊᖃᖅᐱᐅᒃ?

Naloxone ᐃᓅᓕᓴᐅᑕᐅᕗᖅ ᐋᖓᔮᕐᓇᖅᑐᖅᑐᓗᐊᖅᑐᓄᑦ. ᐋᖓᔮᕐᓇᖅᑐᖅᑐᓗᐊᕐᓗᓂ (ᓲᕐᓗ ᒪᑯᓂᖓ morphine, oxycodone, methadone, heroin ᐅᕝᕙᓘᓐᓃᑦ fentanyl) ᑲᑦᑐᖓᔪᒥᑦ ᐊᓂᖅᓴᓕᕐᓇᖅᐳᖅ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓂᖅᓵᕈᓐᓃᕐᓗᓂ. Naloxone ᐊᓂᖅᓵᑦᑎᐊᓕᖅᑎᑦᑎᒃᑲᓐᓂᕈᓐᓇᖅᐳᖅ ᐊᒻᒪ ᖃᐅᔨᒪᓕᕐᓇᖅᖢᓂ 1−ᒥᓂᑦᒥᑦ ᐱᒋᐊᕐᓗᓂ 5−ᒥᓂᑦᒧᑦ ᑎᑭᓪᓗᒍ ᑲᐱᔭᐅᓚᐅᖅᑎᓪᓗᒍ.
Naloxone-ᑐᖅᑎᑕᐅᔪᑦ ᑐᖁᙱᑦᑐᓐᓇᖅᐳᖅ ᐅᕝᕙᓘᓐᓃᑦ ᖃᕆᓴᖓᓂᒃ ᐱᐅᔪᓐᓃᖅᑎᑦᑎᙱᓪᓗᓂ. Naloxone−ᒥ ᑲᐱᔭᐅᔪᓐᓇᖅᐳᖅ

ᐊᓐᓄᕌᖅᓯᒪᒐᓗᐊᕐᓗᓂ ᖁᒃᑐᕋᒃᑯᑦ, ᑕᓕᒃᑯᑦ ᐅᒃᐸᑎᒃᑯᓪᓘᓐᓃᑦ ᓄᑭᖓᓄᑦ.

ᐅᖃᓪᓚᒡᕕᐅᒐᓗᐊᕐᓗᓂ
ᐊᒃᑐᖅᑕᐅᒐᓗᐊᕐᓗᓂᓘᓐᓃᑦ
ᑭᐅᔪᓐᓇᐃᓪᓕᓗᓂ

ᑲᑦᑐᖓᔪᒥᑦ
ᐊᓂᖅᓵᓕᕐᓂᐊᖅᐳᖅ
ᐊᓂᖅᓵᕈᓐᓃᕐᓗᓂᓘᓐᓃᑦ

ᑐᐱᓪᓗᓂ, ᐃᒪᖅᐸᓗᒡᓗᓂ
ᐅᕝᕙᓘᓐᓃᑦ
ᖃᖑᐃᕙᓕᑦᑎᓗᓂ.

ᖃᓂᖓ ᑯᑭᖏᓪᓘᓐᓃᑦ
ᑐᖑᔪᖅᓯᓗᑎᒃ, ᐅᕕᓂᖓ
ᓂᒡᓕᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ

ᐃᔭᕈᕙᖏᑦ
ᒥᒃᖠᓗᑎᒃ.

Opoid−ᑐᖅᓯᒪᓗᐊᖅᑐᒧᑦ ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᓅᓕᓴᐅᑦ Naloxone−ᖑᓪᓗᓂ

ᐊᑐᖅᑕᐅᔭᕆᐊᖃᕐᓂᖓ

ᐋᖓᔮᕐᓇᖅᑐᖅᑐᓗᐊᖅᑐᑦ ᐋᓐᓂᐊᕐᕕᖕᒥ ᑲᒪᒋᔭᐅᑲᐅᑎᒋᔭᕆᐊᖃᖅᐳᑦ.

ᐊᖅᑭᒋᐊᖅᑕᐅᓯᒪᔪᖅ ᐊᑐᖅᑕᐅᖁᓪᓗᒍ ᓯᓚᑦᑐᖅᓴᕐᕕᖕᒥ ᐃᓅᓕᓴᐅᑎᓕᕆᔨᓄᑦ ᐱᔪᓐᓇᖅᑎᑕᐅᓪᓗᑎᒃ ᐳᕆᑎᔅ ᑲᓚᒻᐱᐊᒥ.

How to Use Naloxone Fact Sheet - January 2017 - Inuktitut

ᓂᐊᖁᖓ ᐋᕐᓗᖅᑎᓪᓗᒍ
ᐊᓂᖅᑎᕆᑦᑎᐊᕈᓐᓇᖅᓯᑎᓪᓗᒍ.

ᕿᖓᖓ ᓯᒥᒡᓗᒍ.
ᖃᓂᖓ ᒪᑐᓗᒍ ᒪᑐᐊᕐᒧᑦ
ᐊᓐᓄᕌᒧᓪᓘᓐᓃᑦ.

ᐊᑕᐅᓯᐊᕐᓗᒍ
ᐊᓂᖅᓵᕐᕕᒋᑲᑕᒡᓗᒍ
5 ᑎᑦᑕᑯᓗᐃᑦ
ᐊᓂᒍᑐᐊᕌᖓᑦ.

ᐋᖓᔮᕐᓇᖅᑐᖅᑐᓗᐊᖅᓯᒪᔪᑦ
ᐊᓂᖅᓵᖅᑕᖏᑦ ᓱᒃᑲᐃᒡᓕᔪᓐᓇᖅᐳᑦ
ᑭᓯᐊᓂ ᐆᒪᑎᖓ ᓱᓕ
ᑎᒡᓕᕐᓂᖃᑐᐃᓐᓇᕆᐊᓕᒃ -

ᐊᓂᖅᓵᕐᕕᒋᑲᑕᒡᓗᒍ ᐆᒪᑏᓐᓇᕋᓱᒡᓗᒍ.

ᖃᓄᐃᓕᐅᕆᐊᖃᖅᐱᑦ

ᓄᓇᔅᓯᓐᓂ ᐋᓐᓂᐊᕐᕕᖕᒧᑦ ᐅᖄᓚᑲᐅᑎᒋᓗᑎᑦ!